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**Fax:** 01302 327205

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**Web:** [www.dialdoncaster.co.uk](http://www.dialdoncaster.co.uk)

*Respite care available in the Doncaster area*

## What is Respite Care?

Respite care is any sort of help and support that enables a person to take a short break from their caring role.

Caring for someone can be a full time job and can sometimes impact on the carers health and well being. Carers may feel that they need to take a break and have some time off from their caring role. You can get some respite from caring in different ways:

- **Residential Respite** - the person you care for goes into a residential setting for a short while and is looked after by someone else.
- **Domiciliary Care** - someone will come into the persons home to take over the carers role for a short while to give them a break.
- As a carer you can sometimes have a break for a few hours when the person you are caring for becomes involved in other activities, for example, at a day centre.

To discuss your circumstances and ask about an assessment for yourself as a carer and the person you are caring for, contact the Adult Contact Team at DMBC on 01302 737391 or email [adultcontactteam@doncaster.gov.uk](mailto:adultcontactteam@doncaster.gov.uk).

## Useful Contacts

### Doncaster Partnership for Carers

The Carers House

2 Regent Terrace

South Parade

Doncaster DN1 2EE

**Tel:** 01302 812345

**Website:** [www.doncastercarers.org.uk](http://www.doncastercarers.org.uk)

**Email:** [dpfc@doncastercarers.org.uk](mailto:dpfc@doncastercarers.org.uk)

**Eligibility:** Adult Carers.

Offers advice, advocacy and information for carers and their families.

### Age UK Doncaster

Ten Pound Walk

Doncaster

DN4 5HX

**Tel:** 01302 812345

**Website:** [www.ageuk.org.uk/doncaster](http://www.ageuk.org.uk/doncaster)

**Email:** [admin@ageukdoncaster.org.uk](mailto:admin@ageukdoncaster.org.uk)

**Eligibility:** Older people.

**Facilities:**

- Respite Care
- Day care provision
- Day and night home care (from 2 - 24 hours)

**Fees:** Chargeable.

**Referral:** Contact Direct

### Terrace Gardens

The Terrace

Castle Avenue

Conisbrough

Doncaster

DN12 3BT

**Tel:** 01709 867608

**Email:** [info@dwdt.org.uk](mailto:info@dwdt.org.uk)

Day care centre for older people looking to increase their social interaction. Fees apply.

### Orchids Care

69 Tenter Lane

Warmsworth

Doncaster

DN4 9PE

**Tel/Fax:** 01302 570729

**Email:** [sarah.orchids@btinternet.com](mailto:sarah.orchids@btinternet.com)

**Web:** [www.orchids-care.co.uk](http://www.orchids-care.co.uk)

Orchids offers short term respite for clients in their own home - Assistance with meal

preparation, light house duties, companionship and assistance for social outings, medical appointments.

**Cost:** Contact for current costs of service

## Local Authority Services (DMBC)

### Short Breaks for Disabled Children (formerly Aiming High)

Civic Office

Waterdale

Doncaster

DN1 3BU

**Tel:** 01302 862332

Commission short breaks for children and young people with a disability. This can range from direct payment support for a Personal Assistant to overnight residential care.

### Mexborough Day Centre

New Oxford Road

Mexborough

Doncaster

S64 0JL

**Tel:** 01709 583426

Day centre for older people and adults with a physical disability. Fees dependant on financial assessment. Referral through Local Authority on 01302 737391.

### Stirling Centre

Milton Walk

Doncaster

DN1 3QG

**Tel:** 01302 363201

Day centre for older people and adults with a physical disability. Fees dependant on financial assessment. Referral through Local Authority on 01302 737391.