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Services for older people, provided locally or through national organisations

This factsheet provides information on a range of services that may be available to assist you as an older person to remain independent at home and in the community.

Social Care Assessment

The Local Authority (DMBC) can help you continue to live independently in your own home. Eligibility for services is determined by an assessment of your needs. They can also, if appropriate, advise you on moving into sheltered housing or a care home. Contact the Adult Contact Team on 01302 737391.

Day Care Services

Doncaster Council also has a number of Day Centres around the Doncaster area, catering for those who are physically frail and socially isolated. A varied range of activities may be provided and, in some centres, a hot meal is available. Further information can be obtained from The Adult Contact Team on 01302 737391 or Email:<u>adultcontactteam@doncaster.gov.uk</u>

Day Services - Age UK Doncaster

Age UK Day Service Centres are designed to offer older people the opportunity to get out and meet up with friends. At all centres, a freshly cooked two-course lunch is provided. Accessible transport provides a door-to-door service. This service can be accessed through Age UK Doncaster at Ten Pound Walk, Doncaster DN4 5HX Telephone: 01302 812345 or at www.ageuk.org.uk/doncaster.

Home Care and Support Services

Home Care Services (often referred to as domiciliary care or social care) is supportive care (or healthcare) provided at home to assist you to maintain your independence. Details of companies offering this type of service are given in the DIAL Doncaster Factsheet: Home Care Services, which is available upon request or you can download this factsheet from our website at <u>www.dialdoncaster.co.uk</u>.

Meals Service

If you are elderly or disabled, there are a number of companies that will deliver meals to your door, usually on a weekly or fortnightly basis. These meals are, usually, designed to be stored in your fridge or freezer and heated in a microwave as required.

Details of companies offering this service are given in the DIAL Doncaster Factsheet: Meal Service Providers, which is available upon request or you can download this factsheet from our website at <u>www.dialdoncaster.co.uk</u>.

Doncaster Communities 'Live At Home' Scheme

This scheme offers support and friendship to older people in certain areas of Doncaster (for details of areas covered please contact the office). The scheme currently provides a befriending service with a regular one to one contact with a personalised matched volunteer, friendship meetings where members meet, and a telephone link line. There is a nominal membership fee (please contact for current cost). Anyone can make a referral to the scheme either themselves for a relative, friend or client. The office is located at Oak Tree Lodge, Woodfield Park, Tickhill Road, Balby, Doncaster DN4 8QP. The telephone number is 07546 543167 or you can email doncaster.liveathome@mha.org.uk.

Doncaster Volunteer Befriending Scheme

This service is aimed at older people and those living alone who would like to socialise more. The Doncaster Volunteer Befriending Service can help by providing company, conversation and support to maintain hobbies, interests and activities. For more information contact: 01302 380050 or 08450 501 953.

Home Alarms

For a small weekly fee, Doncaster Council's Home Alarm Service can provide you with equipment to enable you to contact the Service at any time, 24 hours a day, 7 days a week. An Operator, who is trained to deal with any emergency quickly and efficiently, can be contacted just by pressing a button on a pendant or on your telephone. For details of the Scheme and eligibility, contact the Home Alarm and Telecare Service on 01302 737631.

Telecare Services

Telecare Services provide support to people to live safely and independently in their own home via the use of a variety of sensors. Similar to the Home Alarm Service, the sensors are monitored on a 24 hour basis so that an alert can be raised if any one of the sensors detects any problems. For further information and advice about your current circumstances contact the Home Alarm and Telecare Service on 01302 737631.

Wheelchair Hire

DIAL Doncaster offer a wheelchair hire service along with other organisations and companies. A Factsheet is available from DIAL Doncaster. If you would like a copy please contact us on 01302 327800 or download from <u>www.dialdoncaster.co.uk</u>

Dentists/Opticians

If you are unable to make a visit or visits to your Dentist or Optician, there is a limited number who offer a home visiting service. For further details you can contact the Patient Advice and Liaison Service (PALS) on 0800 015 4334 or email <u>pals@rdash.nhs.uk</u>.

Prescription Delivery Service

Services provided by most GPs and by many of the local pharmacies can enable you to obtain medicines prescribed via repeat prescriptions with the minimum of fuss and avoiding the need for long treks to doctors and chemists.

It is usually possible to phone through to your GP surgery to request a repeat prescription, or to simply take or send the form that will have been attached to your previous prescription. Many chemists will collect the new prescription from your GP and will dispense it for later collection by you. In some cases, the chemist will provide a home delivery service.

To check on the services provided, you should make enquiries at your chosen pharmacy. They will know whether these facilities are available through your own GPs surgery.

Repair and Support Service

Doncaster Council operates a domestic Repair and Support Service for adults who are unable to do the job themselves or do not have anyone else to help them. It will carry out small repairs and maintenance jobs within people's own homes to help prevent accidents and to keep occupants safe and independent.

There is, generally, no charge for labour provided under the scheme, but you may have to pay for materials. They will carry out a wide range of jobs within or outside your home. The Service is available in the Doncaster Metropolitan Borough.

The Service can be contacted through your Health or the Local Authority Office, or direct at North Bridge depot. Telephone the Repair and Support Service on 01302 736574 or email <u>publicbuildingmaintenance@doncaster.gov.uk</u>.